

Los Angeles

Yogi
times™

lifestyle for the modern yogi ●●●●
september 2006 issue 45

Eco- Fabulous!

**Organic Is In
As Fashion Goes
Green And Gorgeous**

Aromatherapy

Enhance Your Health
With Essential Oils

20+ Pages Of Stunning
Sustainable Looks For Fall

Plus + Dream Vacations With Soul +
Flavorful Fall Recipes + The Pain Of Meditation

of our home and have opted not to have a nanny for the first few years of our daughter's life. This decision has at times been challenging for us both. Now that we have a child, it has occasionally been difficult for my husband to maintain the kind of focus he was able to apply to his work before our daughter was born. But I also know that he feels blessed that he was able to take such a major role from early on. I, too, am grateful that he has been able to be there for us, especially as my career and work have been expanding.

There have also been times when I have wished he could do more, times when I have not agreed with his style of parenting, and times when I wished he was able to lactate. The reality is that when our daughter wants mommy, she wants mommy, and daddy just won't do. The reality is that my husband is a father and a man and I a mother and a woman. Those two facts alone define different roles for us and will inevitably produce different styles of parenting. Then of course, there are the differences in the way we were raised, our different personalities and some varied beliefs as well. These differences will cultivate our individual relationships with her and shape the person she is going to be. I have found that it is necessary to honor our differences and our roles as parents.

The lessons of parenting and the opportunities for growth are vast. These few are merely the tip of the iceberg, perhaps the beginning of a book on the subject. For now, I remain open to the blessings and opportunities of now and welcome what is to come.

For more information about RIE (*Resources for Infant Educators*), visit rie.org.

kid's corner



Nui Organics

Keep it simple with this adorable infant set from Nui. The natural wool fibers allow for growth and movement, not to mention being water and stain resistant. Made from organic luxury New Zealand Merino wool, this outfit is better for baby and the environment.

Beanie - \$26

Ribbed Sweater - \$65

nuiorganics.com or theYcatalog.com

Lotus Children

Started by a mother seeking better attire for her youngest practitioner, Lotus Children is a line of baby and toddler yoga apparel. Cute and colorful, the line offers a variety of bodysuits (\$22), leggings (\$26), and t-suits (\$28) made with comfort and flexibility in mind. Many are adorned with playful logos representing postures such as lion or upward facing dog. These adorable alternatives are sure to eliminate the problem of how to dress the little ones for class.

lotuschildren.com



Grembo Organics Basics Line

Following the launch of their European inspired Grembo Bag, the first ever organic sleep sack, Grembo (Italian for "womb") Organics is proud to announce their new Basics Line. Featuring nine ready-to-wear styles for ages newborn to ten years, the Basics collection specializes in classic but innovative design and high-quality organic cotton that ensures style, safety and true comfort for children of all ages. Designed to complement a

child's natural form with slimmer cuts and less rectangular shapes, the SKAL certified organic cotton clothing is free from harmful residues that might irritate delicate skin. All ecru garments are dye-free, while the striped garments are yarn-dyed for excellent wash-after-wash fade resistance. Featuring beautiful natural tones, Grembo Basics range from \$6.99 to \$19.99.

grembo.com

Be Present Organic Baby Tees

Be Present has a line of baby clothing created with simplicity and comfort in mind. All t-shirts and one-pieces are 100% organic cotton and bear the various chakra (energy center) symbols.

bepresent.com - \$25

